



Dear Pregnant Patient,

We are pleased and honored you have chosen our practice to care for you during and after your pregnancy. We strive to give you the very best in professional medical care. We also encourage you to ask questions about the physical and emotional changes of pregnancy in order to optimize your health.

We know that the relationship you establish with your provider during your pregnancy is an important one. Our group is comprised of OB/GYN physicians and nurse practitioners. We see patients Monday - Friday at three Voyage Health locations (Maple Grove, Center for Women's Health in Plymouth, and Crystal). Please visit our website at www.voyagehealthcare.com for more information about Voyage Healthcare.

We deliver at Maple Grove Hospital. We also care for patients who choose to delivery at North Memorial Hospital

- At Maple Grove Hospital, a Voyage Healthcare obstetrician is available to attend to patients 24 hours a day, 7 days a week for emergency visits, admissions, vaginal and cesarean deliveries.
- If you choose North Memorial Hospital for your care and delivery, the North Memorial Hospitalist will manage your care while you are admitted. A hospitalist is an OB/GYN physician who works exclusively in a hospital setting. The Voyage OBGYN team works closely with the North Memorial Hospitalists in a shared-care structure. This allows for the Voyage team to provide all outpatient (clinic) care and the North Memorial Hospitalist to provide most inpatient (hospital care), including vaginal and unexpected cesarean deliveries. If you are planning for a scheduled cesarean at North Memorial Hospital, this can be performed by a Voyage obstetrician.

Our OB/GYN physicians rotate "on-call" days for deliveries. Therefore, the provider who you have seen in the office may not be the physician "on-call" when you deliver your baby.

After your delivery, Voyage Healthcare has lactation consulting services available for any questions you have regarding breast feeding. Cristen Singer, APRN, CNP, CLC is certified lactation consultant.

Voyage Healthcare's Crystal, Maple Grove, Osseo and Plymouth locations provide Family Medicine services to care for your child after your delivery.

Sincerely,

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Leslee Jaeger, MD
Caitlin Kuck, MD
Sherry Paulson, MD
Jacinda Siberio, MD

Megan Bina, DO
Sarah Tillman, MD
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